

**Module Outline**

**Part 1- as validated**

1.	<b>Title</b>	<b>Health in Children</b>
2.	<b>Level *</b>	<b>5</b>
3.	<b>Credits</b>	<b>20</b>
4.	<b>Indicative Student Study Hours</b>	<b>200 hours</b> <b>Taught class sessions: 36 hours</b> <b>Independent Study: 164 hours</b>
5.	<b>Core (must take and pass), Compulsory (must take) or Optional</b>	<b>Compulsory</b>

**6. Brief Description of Module (purpose, principal aims and objectives)**

This module considers the provision and promotion of children's health and wellbeing within local and national guidelines. Students will explore contemporary issues, considering the influence they have within their daily practice to support healthy lifestyles, physical activity, mental health and nutrition.

Topics such as family environment, life courses, poverty, access and services will all be debated, exploring differences in geographical location. Health inequalities, media coverage and change in policy are actively encouraged as subjects of class discussion to develop students analytical and evaluation skills progressing from level 4 modules.

Students will compile a community profile based on the local area, drawing on research, data and statistics that influence services and access, as well as curriculum frameworks and how this impacts the role of the practitioner in supporting children and families.

**7. Learning Outcomes - On successful completion of this module a student will be able to:**

*(Add more lines if required)*

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|----|---|
| 1. | Report on research, government policy and health campaigns that influence children's health and wellbeing (SBS 2.5) |
| 2. | Identify key factors in the promotion of children's health and wellbeing (SBS 3.3)                                  |
| 3. | Evaluate the impact of physical and mental health on children's health and wellbeing (SBS 4.4)                      |

**Generic learning outcomes**

4.	Reflect on the validity of given information
5.	Produce a clearly written submission

8. Assessment						
<b>Pass on aggregate or Pass all components</b> <i>(modules can only be pass all components if this is a PSRB requirement)</i>						
Summary of Assessment Plan						
	Type	% Weighting	Anonymous Yes / No	Word Count/ Exam Length	Learning Outcomes Coverage	Comments
1.	Community Profile	100%		3000 words	1-5	
Further Details of Assessment Proposals						
Give brief explanation of each assessment activity listed						
<p><u>The summative assessment</u></p> <p>The community profile will draw on research, data and statistics (LO1) that influence; services and access (LO2), the impact of physical and mental health (LO3) as well as curriculum frameworks and how this contributes to the role the practitioner has in supporting children and families.</p> <p><u>Formative support</u></p> <p>The community profile will develop students' academic skills and encourage them to access a wide range of information in a structured manner. Students will need to research specific information and present this to meet the learning outcomes. Using this format, students will be able to show what they have learned from their reading, research and experience and how it is relevant to their practitioner knowledge.</p> <p>The information is to be clearly structured making use of sections and headings so that the information is easy to locate and follow. Formative assessment will be provided during the module to support students in developing their writing skills and build upon their L4 Academic Practice module.</p> <p><u>Links to work experience</u></p>						

Completing a community profile allows the student to discover health and social information for the local area that could be relevant to their practice. Students can identify needs and appropriate services and common factors of the families who may live in their catchment area.

### 9. Summary of Pre and / or Co Requisite Requirements

None

### 10. For use on following programmes

BA (Hons) Early Years and Primary Education Studies

## Module Specification

Part 2- to be reviewed annually

1.	Module Leader	TBC
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### 2. Indicative Content

1. Healthy lifestyles
2. Nutrition
3. Physical activity
4. Mental health
5. The family and community
6. Contemporary issues in promoting health
7. Health campaigns
8. Health inequalities
9. Support services – locally and nationally
10. Issues that impact health and wellbeing
11. Guidance from the EYFS and National Curriculum
12. The role of the practitioner in supporting children, families and settings

3. Delivery Method (please tick appropriate box)					
Classroom Based	Supported Open Learning	Distance Learning	E-Learning	Work Based Learning	Other (specify)
<b>X</b>					
If the Delivery Method is <b>Classroom Based</b> please complete the following table:					
	Activity (lecture, seminar, tutorial, workshop)	Activity Duration - Hrs	Comments	Learning Outcomes	
1	Lecture	36	Taught contact time	1 - 5	
2	Independent Study	164			
	<b>Total Hours</b>	<b>200</b>			
If delivery method is <i>not</i> classroom based state lecturer hours to support delivery				Each student receives two 20 minutes academic tutorials per module	

4. Learning Resources
<i>To include contextualised Reading List.</i>
<b>Highly recommended – 3</b>
Emond, A. (2019) <i>Health for all Children</i> , Oxford: Oxford University Press.
Howard, C., Burton, M., and Levermore, D. (2019) <i>Children’s Mental Health and Emotional Well-being in Primary School</i> , London: Learning Matters.
Musgrove, J. (2017) <i>Supporting Children’s Health and Wellbeing</i> , London: Sage.
<b>Recommend – 3</b>
Green, L. (2016) <i>Understanding the Life Course: sociological and psychological perspectives</i> , 2 <sup>nd</sup> edition, Cambridge: Polity Press.
Mainstone-Cotton, S. (2017) <i>Promoting Young Children’s Emotional Health and Wellbeing: a practical guide for professionals and parents</i> , London: Jessica Kingsley.
Rose, J., Gilbert, L., and Richards, V. (2015) <i>Health and Well-being in Early Childhood</i> , London: Sage.
<b>Journals and websites</b>
Child: care, health and development [Online]. Available from: <a href="https://wv-colchester.olib.oclc.org/webview/?oid=378301">https://wv-colchester.olib.oclc.org/webview/?oid=378301</a> [Accessed 2 April 2020].
Child Development [Online]. Available from: <a href="https://wv-">https://wv-</a>

[colchester.olib.oclc.org/webview/?oid=378288](https://colchester.olib.oclc.org/webview/?oid=378288) [Accessed 2 April 2020].

Children's Health Care [Online]. Available from: <https://wv-colchester.olib.oclc.org/webview/?oid=378959> [Accessed 2 April 2020].

Child Welfare [Online]. Available from: <https://wv-colchester.olib.oclc.org/webview/?oid=378622> [Accessed 2 April 2020].