

University Centre Colchester (UCC)

Staff Profile

Name:	Frances Whiteman
Job title/role:	Lecturer
Subjects taught/administrative responsibilities:	Counselling Degree Programme.
Qualifications and Membership of Professional bodies:	<p>Post Graduate Certificate in Education, BA Honors Class One Counselling Studies, Diploma in Higher Education Registered Mental Nurse.</p> <p>Accredited Member of the British Association of Counsellors and Psychotherapists.</p>
Experience in Education:	<p>My teaching experience has been at the University Centre Colchester on the Counselling BA (Hons) degree programme. I have been in post for 5 years following over 20 years' experience in the field of Mental Health Nursing and Counselling practice. I continue to work in private counselling practice alongside my teaching commitments to support current and practice experience integration into my teaching practice.</p>
Biography and personal interests:	<p>I have been a passionate advocate for the welfare of others since my teenage years, when I travelled to America to work with children and adults with mental health and learning difficulties. This set me on my path to psychiatric nursing, where I worked with children and young people in both inpatient and communities' settings. I am now a proud member of the counselling community where I continue to work with both adults and young people, with a special interest in working alongside people on the autistic spectrum. I am passionate about working creatively with both my counselling clients and students. This is also reflected in my personal life where I enjoy creating new objects from old.</p>
Professional practice / research interests:	<p>My professional practice interests predominantly lay in working with people on the Autistic Spectrum and working with people who have experienced trauma.</p>