

University Centre Colchester (UCC)

Staff Profile

Name:	Sam Watson
Job title/role:	Counselling Coordinator for Colchester Institute Counselling Service (CICS)
Subjects taught/administrative responsibilities:	<p>To manage and oversee the day-to-day delivery of the Colchester Institute/University Centre Colchester (CI/UCC) Counselling Service (CICS) by offering a high-quality service that is consistent with legal requirements, good practice, and ethical frameworks.</p> <p>To risk assess/manage the client's suitability/need for support and subsequent allocation to a suitable trainee counsellor. To deliver lesson-based introduction of the service and complete the induction of students on placement both internally and with external organisations.</p> <p>All administrative duties including client communication, record keeping and system operations.</p>
Qualifications and Membership of Professional bodies:	<p>BA (Hons) Person-Centred Counselling (1st)</p> <p>BACP Registered Member</p>
Experience in Education:	<p>I began training at UCC (Colchester Institute) in 2015. Upon completing my qualification, I gained experience working with two local charities as a young person's counsellor - The Youth Enquiry Service and The Outhouse. I progressed on to secure the position of coordinator for The Outhouse counselling service where I gained experience on a smaller scale.</p> <p>The opportunity of working where I started my counselling career was a dream come true and I joined UCC as a staff member in 2021.</p>
Biography and personal interests:	<p>Not only is it highly rewarding to be in the position of helping members of the public access counselling during complex and emotional periods in their lives, but it is also wonderful to witness the trainee counsellors develop their counselling skills and grow both professionally and personally. No two days are the same and I am humbled daily by the compassion and empathy offered to the clients by the wonderful trainees. Coupled with the awe-inspiring dedication and excellent teaching qualities of the counselling tutor team, I think I have the best job in the world.</p> <p>In my spare time I enjoy walking my dogs, horse riding and spending time with family and friends.</p>