

University Centre Colchester (UCC)

Staff Profile

Name:	Kelly Rothery
Job title/role:	Lecturer in Health and Social Sciences
Subjects taught/administrative responsibilities:	NCFE Cache Level 3 Introduction to Counselling Skills Person-Centred Theory (Level 4) Introduction to Counselling Practice (Level 4) Developing Counselling Practice (Level 4) Research Appreciation (Level 5) Personal and Professional Development (Level 4 & 6) Loss and Bereavement (Level 6) Working with Children and Young People (Level 6)
Qualifications and Membership of Professional bodies:	University of Essex BA (Hons) degree in Person-Centred Counselling University of Huddersfield Post Graduate Certificate in Education Kelly is an Accredited member of the British Association for Counselling and Psychotherapy (BACP)
Experience in Education:	Studied at the University Centre Colchester to achieve both BA and PGCE Teaching on the NCFE Level 3 Introduction to Counselling Skills within Further Education, Health, and Social Science Department at Colchester Institute Teaching at the University Centre Colchester, CI, on the Higher Education Diploma and BA (Hons) Degree Programme, in Counselling and Psychotherapy.

Biography and personal interests:

Having previously trained and worked as a pre-school practitioner, I have gained years of experience in working with children, young people, and adults, in all areas of my professional career.

My personal interests include, enjoying family activities and spending time outdoors, as well as reading, singing and cycling.

Professional practice / research interests:

My professional practice spans several years as counsellor working within local counselling services to offer one-to-one psychological support, within local mental health provision. My current counselling practice is freelance work, within primary school settings to offer one-to-one psychological support for the child, which includes wider support for families too.

Current teaching experience within Research Appreciation module has led to further interest in research and evidence-based practice for learning and counselling practice. Attendance at the BACP Research Conference has developed my awareness of current research evidence within areas of practice and theory, such as; Equality, Diversity and Inclusion, working with children and young people in school-based counselling services, and loss and bereavement work.

In the last year I have worked to achieve Accredited status with my Ethical Body, the BACP.