


Staff Profile

Name:	Lindsay Horsley
Job title/role:	Assistant Area Head in Health and Social Care and Science – Counselling and Psychotherapy
Subjects taught/administrative responsibilities:	<p>Subjects taught include professional practice/skills, mental health and working with children & young people. Currently module lead for year 3 Professional Development Through Research: dissertation.</p> <p>Course lead and Area head of Dip. HE Person-Centred Counselling and BA (Hons) Counselling & Psychotherapy.</p> <p>Responsible for course development including continued BACP accreditation.</p> <p>Recruitment of future trainee counsellors.</p>
Qualifications and Membership of Professional bodies:	<p>BA (Hons) Counselling Studies (1st)</p> <p>Dip. HE Person-Centred Counselling</p> <p>PGCHEP (Fellow of Higher Education: level 2)</p> <p>Barnardo's LINK Counsellor</p> <p>BACP Accredited Register Member</p>  <p>Registered Member 53652 MBACP (Accred)</p>
Experience in Education:	<p>Employed by UCC (Colchester Institute) since 2015, as a lecturer/tutor on the counselling degree programme and completing a post-graduate certificate in higher education practice in 2017.</p> <p>Additional education related activities include a role as an external examiner for a person-centred training programme in Scotland and subject expert in partnership validation events.</p>

<p>Biography and personal interests:</p>	<p>Over the years I have felt it a privilege to be alongside trainee counsellors in their journey to become counsellors/psychotherapists and observe their development as person-centred counsellors.</p> <p>Outside my role at UCC I have a small private counselling practice including supervision for experienced and trainee counsellors. Close to my heart is offering therapeutic support to individuals and families affected by adoption. The person-centred approach to counselling continues to inform all areas of practice.</p> <p>Awareness of self-care and research in the importance of “down time” informs how I spend time with family and friends. My interests include running, theatre, cinema, and a good book.</p>
<p>Professional practice / research interests:</p>	<p>Specific areas of interest and experience in counselling include: -</p> <p>Clinical Supervision</p> <p>Counselling young people</p> <p>Through additional training, working in adoption and supporting individuals and families.</p> <p>BUPA registered counsellor</p> <p>Counselling in organisations</p> <p>Research interests include the development of the person-centred approach and contemporary approaches.</p>